



## Notice of Race and Sailing Instructions St. Lucie Inlet to Palm Beach Regatta

### Schedule of Events

**April 19<sup>th</sup> 2010** - Reservations are due for the After Race Dinner/Party for the \$35.00 rate.

**April 23<sup>th</sup> 2010** - Pre-Race Party and Competitor's Get Together at the Sandpiper Marina Tiki Bar at Club Med. Email [saltygator06@yahoo.com](mailto:saltygator06@yahoo.com) for directions.

**April 24<sup>th</sup> 2010** - The Race, Start 10:00 a.m.

### Anticipated Schedule of After Race Activities

Cocktails & Music 4:30pm - 6:00pm

Dinner 6:00pm - 7:00pm

Trophies 7:00pm - 7:30pm

Music & Dancing 7:30pm - 9:30pm

After Race Schedule is Subject to Change. Monitor Channel 68 for Updates.

### Official Notice

The St. Lucie Sailing Club (SLSC) and the Palm Beach Sailing Club (PBSC), shall manage the races and assorted social activities. The race will be from the St. Lucie Inlet to Lake Worth Inlet with a handicap distance of 24.7 miles. Any seaworthy sailing vessel is eligible. It is the responsibility of the Master of the vessel to determine its seaworthiness. Each vessel shall have a crew of not less than 2 persons. The Racing Rules of Sailing (RRS) and the sailing instructions will govern the Racing.

There will be one class for this race. All vessels shall have an assigned PHRF rating. If you don't have one, contact Doug Sands, our Chief Handicapper ([dsands1009@aol.com](mailto:dsands1009@aol.com) or 772-283-5240) Due to limited dock space, a launch service will be provided for vessels anchored off the PBSC. There may be accommodations provided at nearby marinas.

## Sailing Instructions

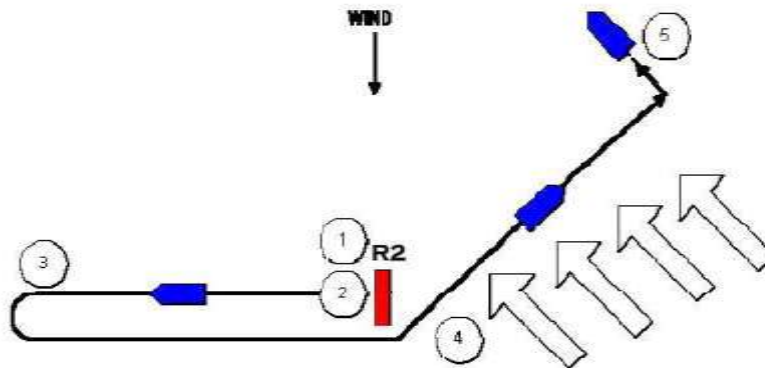
The Notice of Race will constitute part of the sailing instructions. All communications will be on VHF channel 71. Each vessel is required to Monitor VHF 71 during the competition and notify a fellow competitor if abandoning the race. The PRO and Race Committee will be John Bolduc aboard Latitudes. Any changes will be announced on VHF 71.

**The Start:** The start will be a Rabbit Start. The Rabbit will be announced at 9:45 and will be flying a red flag. The First Warning Signal will be at 9:55 with the start at 10:00. Recalls will be announced on VHF 71. The Start Area will be in the area of R-2 outside the St. Lucie Inlet.

### THE RABBIT START

Position	Signal	Minutes before starting signal	Sound	Rabbit's Actions
1	Warning	5	1 long sound (preceded by several short)	In the immediate vicinity and to windward of the starting mark for 1 minute.
2	Preparatory	4	1 long sound	From the starting mark, beam reach on starboard tack for 2 minutes.
3		2	1 long sound	Tack or jibe; beam reach on port tack back to the starting mark.
4	Starting	0	1 long sound	Pass close abeam leaving the starting mark to port, sail close hauled.
5	End of starting sequence		1 long sound	At the end of the Starting Time Period, tack to starboard (see note).

**ALL RULES THAT APPLY TO A COMMITTEE BOAT SHALL BE AFFORDED THE RABBIT BOAT UNTIL IT HAS COMPLETED ITS TACK TO STARBOARD**



The starting line is the line between the port-end starting mark and the rabbit. A boat starts when it crosses the starting line after the five minute sequence and between the starting mark and the rabbit boat (committee boat). After starting, all boats shall remain on starboard tack until the rabbit has tacked to starboard.

The absence of sound signals shall be disregarded.

**A boat making contact or interfering with the rabbit is disqualified and shall retire.**

**The Course:** The course will be in a southerly direction from the start to the finish. There are no intermediate marks between the start and finish.

**The Finish:** Vessels shall inform the race committee approximately 5 minutes before finishing by announcing his vessel's name and sail number on VHF 71. In the event the vessel cannot contact the Race Committee on VHF 71, he should contact another competitor if possible. The finish will be at Lake Worth Inlet between R"2" and the pump house on the north side of the inlet. It is the responsibility of each participant to take his own finishing time using GPS time (including hours, minutes, and seconds), and to report the time to the race committee. There is a time limit of 8 hours for the race. Any boat finishing makes it a race for the whole class.

**Protests:** Protests will be heard as soon as possible after the last race. Parties to a possible foul are encouraged to arbitrate the problem remembering that the 720 Rule is in effect. Competitors must fly a protest flag (red flag) and notify the PRO immediately after finishing (and no longer than one hour after the end of race) if they plan to file a protest.

Official protests will be handled as instructed in the Racing Rules of Sailing. For all unofficial protests or complaints, the first communications shall be a phone call to the Race Captain. If a competitor notices something wrong with the race course or Race Committee actions prior to the beginning of the start sequence, he or she should sail up to or contact the committee boat on Ch. 71 immediately and pass along recommendations in a helpful way. Don't forget, the best result for our races is that everyone finishes safely, and the competitors and race committee volunteers look forward to competing or serving again.

**Alternative Penalties:** The 720 turns penalty of the Racing Rules will apply.

**Awards:** Awards of unparalleled taste and quality will be awarded at the after race dinner party at the Palm Beach Sailing Club to the first three place finishers. Tickets for the dinner are available from the Social Committee Chair .

The SLSC and the PBSC do not take responsibility for any loss of life or injury to participants or others or for any damage to any vessel or other property related to the race.

**Palm Beach Sailing Club**  
4600 N Flagler Drive  
West Palm Beach

